WESTERN PENNSYLVANIA'S





### **Dear Friend of MGA:**

At many of our MGA events I am asked how people can get more involved with MGA. I always tell people that one of the best ways to become involved with the organization is to join one (or more) of our work committees. MGA currently has three committees that are responsible for planning events and activities for the organization and then making sure those plans are carried out successfully.

The three committees that are currently in place include:

- 1) MGA Education Committee which plans all of the virtual and in-person education programs and support group meetings;
- 2) MGA Development Committee which focuses on all of the fundraising activities offered by the organization; and
- 3) MGA Advocacy Committee which is a new committee that will determine the bast ways to raise awareness about Myasthenia Gravis by working with elected officials, healthcare professionals, and other members of the community.

If any of these committees sound interesting to you, we would welcome you to join us in shaping the future direction of MGA. Simply contact the MGA office and we would be happy to discuss these opportunities with you in more detail.

I hope you enjoy this issue of the *Keystone of Hope* newsletter. I look forward to the opportunities that the coming months will bring for us to connect and collaborate.

Jim Joyce, Executive Director MGA of WPA



Based on the popularity of this fundraiser in the last few vears, MGA will be offering a lottery ticket again this year.

This year's lottery ticket -"MGA Fourth of July Special" is now available For your \$10 purchase. donation to MGA, you will receive a lottery ticket with four numbers on each ticket (only 250 tickets will be sold). Prizes for the lottery include...

> July 2, 2024: \$100 cash July 3, 2024: \$250 cash July 4, 2024: \$500 cash July 5, 2024: \$250 cash July 6, 2024: \$100 cash

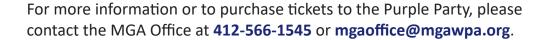
Winning number determined by the first number drawn from the 7:00 p.m. PA Pick3 Lottery.

To purchase your tickets, call the MGA Office at 412-566-1545 or mgaoffice@mgawpa.org. Act fast as we have sold out of these tickets the last three vears!

**MG** Association News



MGA is thrilled to announce the return of the **Purple Party** after a three year hiatus! We invite you to join us on Saturday, April 20, 2024 at the gorgeous Cefalo's Banquet Center in Carnegie, PA. For your \$80 donation to MGA, your will be treated to live music, dancing, delicious food and desserts. A cash bar will also be available. Past events have been so much fun and we are so happy to be able to offer this event again! There will be prizes galore and everyone who wears something purple will be entered into a special raffle.







## MGA VIRTUAL EDUCATION/SUPPORT GROUP SERIES:



MGA is pleased to continue the **MGA Virtual Education/ Support Group Series** in 2024. The education calendar for the year includes...

- February 21, 2024 at 6:00pm "The Power of Partnership – Understanding gMG and Ultomiris as a Treatment Option" – LeeJean Beringer, Alexion
- April 24, 2024 at 6:00pm "Vyvgart / Vyvgart Hytrulo" – Shelley Gerson, argenx
- June 12, 2024 at 6:00pm "MG vs. LEMS a Differential Overview" – Amy Grover, Catalyst
- August 21, 2024 at 6:00pm "TBD" LeeJean Beringer, Alexion
- October 23, 2024 at 6:00pm "Emotional Wellness and MG" – Shelley Gerson, argenx
- December 11, 2024 at 6:00pm "Care for the Caregiver" Amy Grover, Catalyst

These programs are free, but registration is required. To register for any of the programs, please contact the MGA office at **412-566-1545** or **mgaoffice@mgawpa.org**.

### HIGHMARK WALK FOR A HEALTHY COMMUNITY

SATURDAY, JUNE 22, 2024 9:00am | STAGE AE

The **Highmark Walk for a Healthy Community** is an annual fundraising event to help participating organizations raise money and public awareness for their missions. The Myasthenia Gravis Association is excited to be participating again this year, and we hope you will join us to make it a success!

This year the walk will take place at Stage AE (beside Acrisure Stadium) on **Saturday, June 22**<sup>nd</sup> at **9:00 a.m.** There are multiple ways to get involved and support MGA!

Using the Highmark Walk online portal you can select Myasthenia Gravis Association of Western Pennsylvania as your nonprofit of choice and then register to walk as an individual or as part of a team (www.walkforahealthycommunity.org). On the same site you can also donate directly to an individual or team to help them meet their fundraising goals.



Please consider supporting MGA by walking, raising money, and spreading the word! Access the MGA page at http://hcf.convio.net/mgawpa2024 and then select one of the 4 options listed below:

- 1. Register as an individual
- 2. Form a team
- 3. Join an existing team
- 4. Donate

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You can also send a check to MGA, 505 Jackson Drive, Apollo, PA 15613. Be sure to note that your donation is for the Highmark Walk. Contact Jim Joyce with questions, at **(412) 566-1545** or **jjoyce@mgawpa.org**.

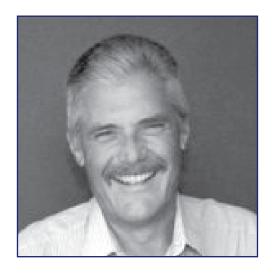








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### MGA BOARD MEMBER Highlight

MGA is pleased to be able to highlight the members of our Board of Directors. MGA's Board of Directors play a critical role in how MGA operates and provides services to the community. In this issue of the Keystone of Hope newsletter, we would like to recognize **Joe Kulik** who has served on the MGA Board of Directors for more than 5 years.

Joe supports MGA because his father had MG. Joe is the managing partner of Kulik Law Offices. He is a graduate of Duquesne University and its School of Law. He is married to State Representative Anita Astorino Kulik, and has two children, Dr. Sarah Rose Wrona and Joseph E. Kulik. He is also very proud of his grandchildren, Kennedy Rose Wrona, Keaton Wrona, and Florence Kulik. Joe served as a Hearing Officer for the Court of Common Pleas of Allegheny County, and was a member of his local school board and township board of commissioners, serving in both for more than a decade. Joe also serves his community as a volunteer firefighter and through his involvement with various nonprofit organizations.

### INTERESTED IN LEARNING more about being a member of the MGA Board of Directors?

Contact Jim Joyce at **412-566-1545** or **jjoyce@mgawpa.org** to discuss potential opportunities.

If you donate to a United Way agency in Western Pennsylvania, did you know you can designate your donation to directly benefit MGA of WPA? When making your pledge, simply designate your payment to MGA by using the following codes:



UW of Allegheny County #82
UW of Erie County #45146
UW of Westmoreland County #1178
UW of Mon Valley #1178
UW of Beaver County #4861
UW of Washington County #0082
UW of Butler County #5981

If you are a state or federal employee and want to use payroll deduction to make a donation to MGA of WPA, please check with your employer to verify the following codes:

SECA (For State Employees) -- Use S460124 (please note, the first character is the letter "S")

CFC (For Federal Employees) -- There were some changes and we have been informed that #38076 is our current five digit code. Again, please double check, especially if you live in Allegheny, Armstrong, Clarion, Crawford, Erie, Fayette, Forest, Greene, Lawrence, Mercer, Venango, Washington, or Westmoreland counties.

If you have any questions regarding United Way donor designation, SECA or CFC, please feel free to call the MGA office at 412-566-1545.





### MGA IS TEEING OFF TO SUPPORT PATIENTS WITH MYASTHENIA GRAVIS

MGA will host the 4<sup>th</sup> Annual MGA Golf Outing to benefit the organization's FREE patient support services. The outing is slated for Saturday, May 18, 2024 at the Pheasant Ridge Golf Club in Gibsonia, PA.

Registration/check-in starts at 11:30 a.m. with a shotgun start at 1:00 p.m. In addition to 18 holes of golf, attendees will also be treated to a grilled lunch during registration and a buffet dinner.

Individual registration is \$125 per golfer and registration for a four-some is \$500. Tickets are also available for a "dinner only" option @ \$30 per person. The outing will feature a number of different activities including a hole-in-one contest, a putting contest, as well as several other on-course events. There will also be a 50-50 drawing, a basket raffle, and a silent auction with fabulous prizes!

For more information or to register for the event, please email **jjoyce@mgawpa.org** or call the MGA office at **(412) 566-1545**.



## STUDY: UNDERSTANDING MYASTHENIA GRAVIS TOGETHER

The **ME&MGopen** study is a research project aimed at gaining a better understanding of and managing Myasthenia Gravis using the **ME&MGopen** mobile application. Available on Android and iOS, the mobile app was developed by Ad Scientiam for research purposes only.

It features active tests to assess breathing, dysarthria (difficulty speaking), ptosis (eyelid drooping) as well as arm and leg weakness. **ME&MGopen** also includes digital questionnaires related to activities of daily living, pain, insomnia, quality of life and depression.

Participants will have free access to **ME&MGopen** from the comfort of their home. The study takes place entirely online, so you don't need to visit a doctor or clinic to take part. The study lasts 12 months and as compensation for your participation, you will receive Amazon gift cards in the amount of up to a maximum of \$500.

Join the trial and help to explore innovative approaches for people with Myasthenia Gravis. Your participation can make a difference!



Sign up now directly with QR code or at: www.meandmgopen.com/mgawpa or contact the study team directly at: meandmgopen@lindushealth.com.

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### Thank you to all of our generous donors!

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If you would prefer receiving this newsletter electronically instead of through the mail, please contact the MGA Office at 412-566-1545.

> MGA would like to thank our newsletter sponsors: Alexion Pharmaceuticals, argenx, and Catalyst Pharmaceuticals







### **Memorials & Honorariums**

from July 1, 2023 to December 31, 2023



Please note: Every effort has been made to ensure the accuracy of this list of donors. If you see an error or omission, please let us know.

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### Myasthenia Gravis Support Group Meeting

March 2, 2024 from 12-2 PM April 13, 2024 from 12-2 PM

May 4, 2024 from 12 - 2 PM

Panera Bread - Waterworks 942 Freeport Road Pittsburgh, PA 15238

Discussion Leader: Cindy Spring, RN, CCM

Light refreshments provided

The program is free, but registration is requested: 412-566-1545 or

mgaoffice@mgawpa.org



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### MGA PURPLE PARTY APRIL 20, 2024

CEFALO'S BANQUET CENTER Carnegie, PA Details on Page 2



### MGA GOLF OUTING MAY 18, 2024

PHEASANT RIDGE GOLF CLUB Details on Page 5

### HIGHMARK WALK FOR A HEALTHY COMMUNITY

JUNE 22, 2024
ACRISURE STADIUM

ACRISURE STADIUM
Details on Page 3

### FOURTH OF JULY LOTTERY TICKET

**JULY 2024** 

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www.mgawpa.org and on our facebook page:

